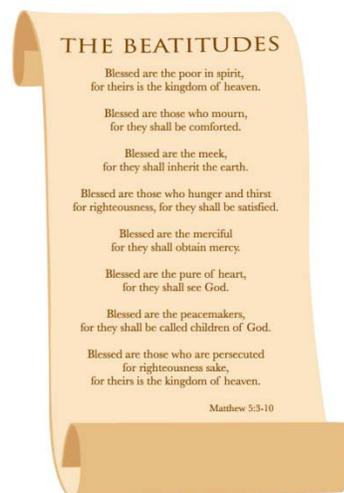


Jesus said "Be joyful always, pray continually. Give thanks in all circumstances for this is God's Will for you in Christ Jesus." The Bible: 1 Thessalonians 5: 15-16



THE TEN COMMANDMENTS

"TEACHER, WHAT MUST I DO TO GAIN ETERNAL LIFE?"

LUKE 10:25-28
EXODUS 20:2-17
DEUTERONOMY 5:6-21

LOVE GOD	LOVE OTHERS
<ol style="list-style-type: none"> 1. I AM THE LORD YOUR GOD; YOU SHALL NOT HAVE STRANGE GODS BEFORE ME. 2. YOU SHALL NOT TAKE THE NAME OF THE LORD YOUR GOD IN VAIN. 3. REMEMBER TO KEEP HOLY THE LORD'S DAY. 	<ol style="list-style-type: none"> 4. HONOR YOUR FATHER AND YOUR MOTHER. 5. YOU SHALL NOT KILL. 6. YOU SHALL NOT COMMIT ADULTERY. 7. YOU SHALL NOT STEAL. 8. YOU SHALL NOT BEAR FALSE WITNESS AGAINST YOUR NEIGHBOR. 9. YOU SHALL NOT COVET YOUR NEIGHBOR'S WIFE. 10. YOU SHALL NOT COVET YOUR NEIGHBOR'S GOODS.

"DO THIS AND YOU WILL LIVE."

In the Bible, book of Exodus in the Old Testament, God issued his own set of laws to Moses on Mount Sinai. In the Catholic faith, The Ten Commandments are considered *divine* law because God himself revealed them. And because they were spelled out, there is no room for uncertainty. They're also known as **divine positive law**.

These six things the Lord hates... “A proud look, a lying tongue, a hand that sheds innocent blood, a heart that devises wicked plans, feet that are swift in running to evil, a false witness who speaks lies, and one who sows discord among brethren.”



What Catholics call **Capital Sins**



Goals: At all times model and promote a respectful tone when writing or discussing religious and cultural questions. To raise the public's awareness of the widespread persecution of religious believers in the world today.

www.catholiceducation.org/en/culture/catholic-contributions/what-are-capital-sins.html



Pride: “an inordinate desire for one's own excellence.” Pride is “complete” when a person is so filled with it, she/he refuses to subject his intellect and will to God. Pride may also be incomplete, when people simply think of themselves too highly. People are so susceptible. It can easily creep into our lives, grow quickly without recognition, and take hold, infecting all that we do.



Avarice: an inordinate love of having possessions or riches.” A person, motivated by greed, is preoccupied with having and having more, doing only what will benefit them in some way, collecting people for status or using people for advantage, or becoming hard-hearted and blind to the needs of those less fortunate. Sparked by greed, a person takes on a sense of self-sufficiency, complacency and independence of God.



Lust: an “inordinate desire for sexual pleasure.” A person seeks personal, fleeting gratification. He looks upon others as merely bodies rather than as human beings. Sins include dwelling on impure thoughts, masturbation, fornication, adultery and viewing pornography. In the end, lust leads to an idolization of sexual pleasure.



Envy: A “sadness on account of the goods possessed by another.” Envy breeds hatred, gossip, detraction and resentment against one's neighbor. Envy is a vicious sin because it creeps into the best of relationships, even between spouses who love each other. Remedies include the practice of humility, being grateful for one's own goods, and thinking of the consequences of punishment.



Gluttony: “an inordinate desire for food and drink.” It is injurious to one's mental and physical health, including the consequences of self-abuse. Be mindful of those who are less fortunate and who suffer from lack of proper drinking water and food. Never waste food by throwing it away in the trash.



Anger: “the inordinate desire for revenge.” St. Thomas Aquinas listed six effects of the vice of anger: indignation, mental disturbance, noisy speech, blasphemy, abuse and quarrels. To guard against anger, a person must be true to the virtue of justice in thought, word and deed; be in control of himself in addressing an issue; and look to the example of Christ.



Sloth: not just laziness, but especially spiritual laziness. Sloth may be either physical or spiritual. Sins include a lukewarm, lackluster attitude toward divine precepts, drifting into the forbidden and frequenting the occasion of sin. It is physical when it manifests itself in personal laziness, procrastination, idleness, indifference and nonchalance.

Nevertheless, with God's grace, given especially through the Sacraments of Holy Eucharist and Penance, adherence to the commandments, and the practice of virtue, the Christian will stay on the path of holiness. As Jesus said, “You must be made perfect as your Heavenly Father is perfect” (The Bible, Matthew 5:48).



FOR *my* **THOUGHTS** *are not* **YOUR THOUGHTS,**
neither **ARE YOUR WAYS** *my* **WAYS,**
*sai*th the Lord.
ISAIAH 55:8

THE EIGHT BEATITUDES OF JESUS

"Blessed are the poor in spirit,
for theirs is the kingdom of heaven.

Blessed are they who mourn,
for they shall be comforted.

Blessed are the meek,
for they shall inherit the earth.

Blessed are they who hunger and thirst for
righteousness,
for they shall be satisfied.

Blessed are the merciful,
for they shall obtain mercy.

Blessed are the pure of heart,
for they shall see God.

Blessed are the peacemakers,
for they shall be called children of God.

Blessed are they who are persecuted for the sake of
righteousness, for theirs is the kingdom of heaven."

Matthew 5:3-10

Lord Jesus Saves †